

Co-founder of Wellness Possibilities Honored as One of New Jersey's *Best 50 Women in Business*

February 23, 2009 – The Sussex/Warren chapter of the New Jersey Association of Women Business Owners announces that its VP of Programming, Kathy Smyly Miller, has been named one of New Jersey's *Best 50 Women in Business* by [NJBIZ](#), New Jersey's premiere business magazine.

The *Best 50 Women in Business* awards program, which recognizes New Jersey's most dynamic and distinguished women in business today, is sponsored by [NJBIZ](#), [Wachovia](#), [Lowenstein Sandler](#), and [WithumSmith+Brown](#).

"We are truly fortunate to have the opportunity to recognize this outstanding group of women," said David A. Schankweiler, CEO of Journal Publications, parent company of NJBIZ. "As business and community leaders, they are constantly redefining success within and outside the business arena. On behalf of NJBIZ, we would like to thank and congratulate these fifty outstanding women for their dedication to New Jersey's future."

Smyly Miller is the co-founder of Wellness Possibilities, a New Jersey-based company that has created a comprehensive directory of resources for dealing with life's challenges. The Wellness Possibilities online network strives to help independent wellness providers market themselves reasonably, professionally, and effectively, all from the privacy of their individual offices.

"As a wellness professional who understands the health benefits of positive experiences," explains Smyly Miller, "This award has done my heart good." She adds, "Being chosen from hundreds of candidates for this NJBIZ award, which recognizes my achievements, community service efforts, and dedication to women, is truly an honor I'll never forget."

In addition to its online directory of health and wellness professionals, Wellness Possibilities offers employee wellness programs, gift certificates redeemable for any provider service, and the Share the Wellness™ fundraiser program, which allows non-profit organizations to raise money while promoting wellness in the community.

For more information, visit www.wellnesspossibilities.com.

Smyly Miller and her counterparts will be honored on March 30, 2009 during an awards ceremony at The Palace in Somerset, NJ, and will be featured in a special supplement to NJBIZ in April.

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