

FOR IMMEDIATE RELEASE
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**CO-FOUNDER OF WELLNESS POSSIBILITIES TO SPEAK
ABOUT BALANCING CONVENTIONAL AND HOLISTIC OPTIONS**

Dawn Noble, registered nurse and co-founder of WellnessPossibilities.com, has been invited to speak at the UMDNJ- *Saving Our Kids, Healing Our Planet* Green Expo on September 12th and 13th. In an unprecedented collaboration, the University of Medicine and Dentistry of New Jersey, NJ Medical School, and the City of Newark are all partnering with SOKHOP to bring to New Jersey this unique program focused on children's health and sustainable living.

The conference will address the parents, teachers, health care providers and government officials concerned about how environmental toxicity and sub-optimal nutrition are affecting our children. Their two day program will include lectures on ways to prevent the new childhood epidemics of Asthma, Allergies, Autism, ADHD, Obesity, and Childhood Cancer, as well as ways to improve the symptoms associated with these conditions through integrative approaches.

Nurse Dawn will get to the heart of the balancing act between conventional medicine and holistic health care, speaking about how to make informed decisions for your family while honoring your own intuition. Dawn started exploring holistic modalities during her personal journey from infertility to natural conception and childbirth. She now has two beautiful daughters, daily reminders of how integrating wellness services can transform your health and your life.

Dawn's presentation is just one of many featured by the Expo that will offer practical and affordable solutions for keeping our families healthy in these challenging economic times. SOKHOP will also provide dozens of green exhibits, an interactive art mural, live music, organic food, yoga demonstrations, affordable healthy cooking demos and displays on green building, solar energy, organic gardening and landscaping. The Expo invites you to bring your own family, neighbors and friends to this interesting, informative, and inspiring event. SOKHOP will be free for children under the age of 15 and \$10.00 per day for adults. More information at www.sokhop.com.

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